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OSMOPREP PREPARATION FOR BOWEL PREP

Adequate preparation for abdominal surgery or laparoscopy occasionally requires preparation of the bowel as well. When the bowel is emptied of feces it becomes flatter and easier to manipulate. In addition, should bowel repair become necessary during the surgery, bowel preparation greatly simplifies the repair and improves the likelihood of uncomplicated recovery.

To prepare for surgery:

The day before surgery you may have a normal breakfast and lunch. After lunch, drink clear liquids only. (A good rule of thumb for clear liquids is: if you can see through it, it is a clear liquid.) Examples of clear liquids are: water, coffee or tea (without milk, cream, or non-dairy creamer—may use sugar if desired), apple juice without sediment, colas and ginger ale types of drinks, jell-O, clear soup broth, flavored ices, and popsicles. This may continue until midnight the night before your surgery is scheduled.

These tablets for bowel preparation have a series of 2 regimens. Each set of tablets are taken with 8 ounces of clear liquid.

This preparation should be done the day before your surgery.

Between 9:00 AM and 10:00 AM the day before your surgery, take 4 tablets with 8 oz. of clear liquid every 15 minutes for a total of 5 doses (40 oz. and 20 tablets total).

Then, 8 hours later from the first regimen, you will repeat the regimen for a total of 3 final doses, 4 tablets every 15 minutes with 8 oz. of clear liquid (24 oz. and 12 tablets total) to complete the preparation.

You must complete the entire prep to ensure the most effective cleansing. Please make a conscious effort to drink as much liquid as you can before, during and after the preparation.

If you are taking diuretics, or lithium, it is important to inform your doctor before beginning the bowel prep.