

SUMMER 2011

Sibley ONHealth

SIBLEY MEMORIAL HOSPITAL, A MEMBER OF JOHNS HOPKINS MEDICINE



*Sibley Emergency Department
makes commitment to
see patients in 30 minutes.*

—Gregory W. Cope, M.D. with
Lauren Schwartz, R.N., emergency specialists

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SAVE THE DATE!

The 11th Annual Celebration of Hope & Progress

The Celebration of *Hope & Progress* gala will be held on Saturday, October 29, 2011. This year's gala chairs, Kate and Vince Burke, III, invite guests to join them for cocktails at the new medical building on the Sibley campus, followed by dinner in a tent under the stars. For further information, please call Sibley Memorial Hospital Foundation at (202) 537-4257.



Hope & Progress *Gala*
to benefit Sibley Memorial Hospital

Welcome New Members of Sibley's Board of Trustees



Sharon Percy Rockefeller has served the public broadcasting community for more than 25 years as a leader and policymaker. She has been president and CEO of WETA, Washington, D.C.'s flagship public television and radio stations, since 1989.

A graduate of Stanford University, Rockefeller is active in a number of areas including education, fine arts, government and women's issues.

Rockefeller is married to Senator John D. "Jay" Rockefeller IV of West Virginia. They have four children and six grandchildren.



Ronald R. Peterson is president of The Johns Hopkins Hospital and Health System and executive vice president of Johns Hopkins Medicine—the umbrella alliance of the Health System and The Johns Hopkins University School of Medicine.

A 1970 graduate of The Johns Hopkins University, with a master's degree in hospital administration from The George Washington University, Mr. Peterson has served as a director of the Administrative Board of the Council of Teaching Hospitals and is currently a member of the Board of Governors of the University Health System Consortium.

His civic activities include volunteer work for the American Red Cross, the American Heart Association and the church and school in Harford County attended by his family. He and his wife, Elizabeth, have two children.



Jennifer Abele, M.D., FACEP, director of Sibley's Emergency Department discusses treatment with a patient.

EMERGENCY DEPARTMENT MAKES COMMITMENT TO SEE PATIENTS WITHIN 30 MINUTES.

What would make your Emergency Department experience the best? Over the past two years, Sibley has improved its Press Ganey patient satisfaction ratings to the 99th percentile, streamlined processes and reduced the time patients spend in the Emergency Department. To improve our patient experience even more, we are introducing a new “30-Minute Commitment” to have patients seen by a health care provider within 30 minutes of arrival.

“It’s not just about being efficient; it’s about being effective and always maintaining our personal focus on each patient.”

—Therese Pearrell, R.N., nurse manager

“We always push ourselves to be the best, and this is the next step in doing what’s best for our patients,” notes Jennifer Abele, M.D., director of Sibley’s Emergency Department.

“The earlier we see patients, the sooner we can get treatment started, relieve pain and help reduce complications. We all live incredibly busy lives. Nobody likes the inconvenience of being ill or spending hours waiting to be seen.”

Making the process smarter

Shaving minutes off wait times that are already among the nation’s shortest meant taking a careful look at every step in the process, including:

- Taking patients directly to exam rooms as soon as a bed is available
- Completing registration at bedside
- Parallel processing so that doctors and nurses can simultaneously collect information, which reduces the need for patients to repeat their story to different people
- Getting X-rays, scans, blood work and other diagnostic test results back faster
- Using our separate Fast Track area to treat and discharge patients with minor complaints more quickly (open 11 a.m. to 11 p.m. daily)

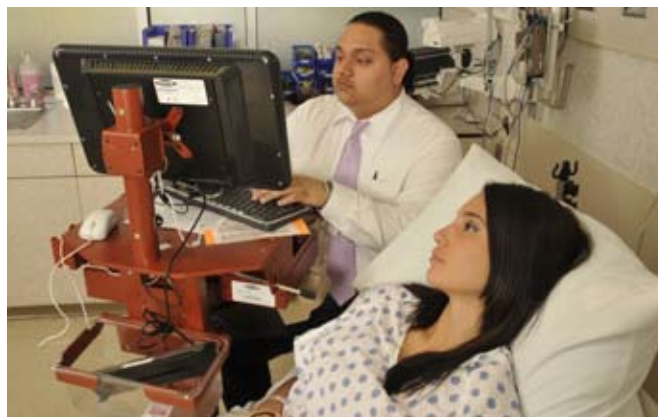
Continued on page 2



Yvette Guliano, R.N., comforts a patient while respiratory therapist Jane Dumars, RRT, tests for lung function.

Emergency specialists, full Sibley support

Every Sibley Emergency Department physician is board-certified or eligible in the specialty of emergency medicine. “Our team has a high level of skill and experience treating emergencies—from minor problems to the most critical,” Dr. Abele points out. “Patients may arrive with a minor complaint that turns out to be something major. Our training and technology give us the ability to identify these situations. Recently a patient came in with back pain he blamed on lifting a heavy suitcase. After a thorough examination and subsequent CT scan, we found a very serious infection around his spine. You can’t get that level of care and extensive resources at walk-in clinics.”



Admissions representative Otto Caballeros uses bedside registration to help get patients seen faster.

No matter how fast, care still comes first

“We may be expediting the process, but patient care is never sacrificed. Our highly trained staff never loses their friendly, personable attitude,” says Therese Pearrell, R.N., and nurse manager of the Emergency Department. “We want every patient to feel like they are the only person here.” Dr. Abele adds, “Collaboration between physicians and nurses is fantastic. We work hand in hand and see eye to eye. Efforts like this new Commitment are only possible with that kind of teamwork.”



To learn more, visit
www.sibley.org/emergency.

Comments from our Emergency Department patient surveys

“This was the fastest and most efficient hospital visit I’ve ever experienced.”

“I was immediately taken back and seen by a doctor.”

“Sibley is the best ER I’ve been to. The wait time is admirable and the staff is extremely qualified.”

“I couldn’t believe that in the short time I was there, so much was done to ease my mind and my pain.”

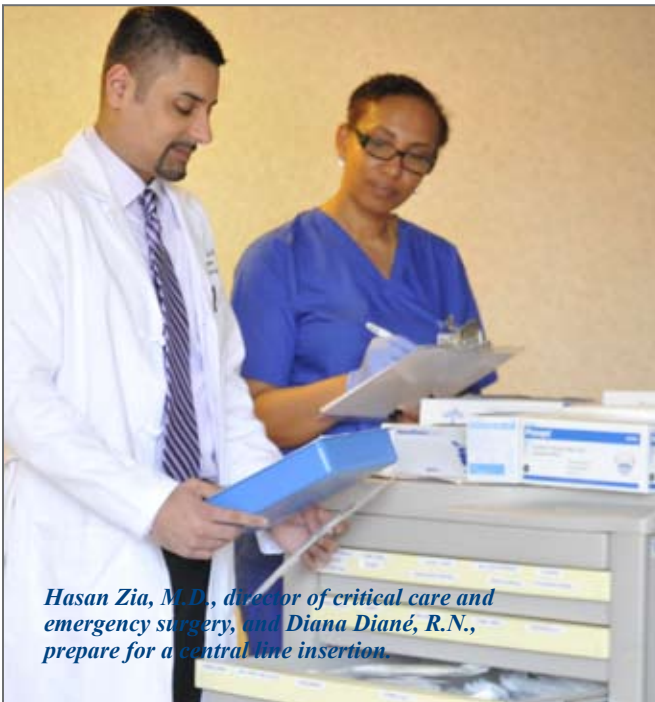
“I was processed immediately, no waiting. Best ER experience I ever had.”

“The wait time is minimal, the nurses and doctors very knowledgeable and the technology advanced.”

“Intake care was extremely fast, less than 10 minutes. The staff was fast, professional and very calming.”

Source: Press Ganey

KEEPING YOU SAFE AT SIBLEY



Hasan Zia, M.D., director of critical care and emergency surgery, and Diana Diané, R.N., prepare for a central line insertion.



SIBLEY MEMORIAL HOSPITAL
JOHNS HOPKINS MEDICINE

437

Days

Since our last central line associated blood stream infection (CLABSI) in our ICU

Poster illustrating no central line associated infections in the ICU as of 6/2/11.



Checking a patient's I.D. is critical for patient safety.

No central line infections for more than 400 days in our ICU.

A central line is a catheter placed in a vein to administer medication and fluids or to take blood for tests. Sibley participates in a program designed to virtually eliminate blood stream infections associated with central lines by:

- Following a checklist including hand washing and other crucial hygiene steps
- Pre-assembling bundles of all necessary supplies and sterile materials so items are readily available
- Providing ongoing safety training and measurement

As a result, there have been no central line infections in our ICU for well over 400 days—and counting!

'Red Rules' provide important safety checks.

Sibley follows two essential "Red Rules" that are considered best practices in patient safety.

Patient Identification. Before any treatment, procedure or medication, we must correctly identify each patient by checking their identification band for two identifiers (name plus medical record number or birth date).

Final "Time Out." Before every bedside or surgical procedure, everyone on the medical team must stop and agree that all safety checks such as patient identification and preparation of supplies have been completed.

Nothing is more important to us than keeping you safe, and Sibley leaves nothing to chance!



To learn more, visit www.sibley.org/safety.

SUSPICIOUS LUNG SCAN OR X-RAY?

New Sibley program saves time that can save lives. Introducing STOP (Sibley Thoracic Oncology Program) helps restore quality of life.



An innovative new Sibley program works to save time that can save lives by detecting, diagnosing and treating lung and chest cancers quickly. STOP (Sibley Thoracic Oncology Program) brings a team of experts together in one room to review X-rays and scans, agree on treatment and give patients an action plan immediately.

“When surgeons, oncologists, radiation oncologists, radiologists, pulmonologists and nurse navigators put their heads together, no stone is left unturned,” explains Jonathan Kiev, M.D. “We establish a plan of care, call patients with results and recommendations the same day and start observation, treatment, surgery or clinical trials right away.”

STOP focuses on patients with:

- Lung nodules
- Mediastinal disease (enlarged lymph nodes)
- Lung cancer
- Esophageal cancer
- High risk for lung cancer (heavy smoking history or significant chemical exposure)
- Family history of lung cancer

A nurse navigator walks patients through the entire process, makes sure information is communicated to the entire team, including primary care physicians, schedules follow-up appointments and answers questions every step of the way.

Although lung cancer is one of the most common and challenging cancers, if detected early, an estimated 80 percent of cases could be cured. “Now, for the first time,

we have diagnostic tools and therapies that let us find and treat lung cancer much sooner,” Dr. Kiev notes. “Sibley has world-class doctors, facilities and technology. STOP merges it all into one unified, life-saving effort.”

Remarkable results for Sibley lung cancer patients.

Minimally invasive video assisted thoracic surgery requires only tiny incisions and transforms recovery and results for our lung cancer patients.



Cathy Whitt, in her design studio

Interior decorator Cathy

Pneumonia sent Cathy Whitt to Sibley’s Emergency Department. After a week in the hospital, something still showed up on her lung. Following a needle biopsy, a rare form of lung cancer was found.



Dr. Jonathan Kiev

“We’re putting experts in the same room in a multi-disciplinary effort to stamp out chest cancers. If you pick problems up early, you have a very good shot at saving someone’s life.”

—Jonathan Kiev, M.D., thoracic surgeon

SEMINARS AND SCREENINGS

Knowledge Is Power—2011 Seminar Series

Join us for these free programs to learn the latest advances in ovarian, prostate, breast and lung health. Physicians and other clinicians will discuss what’s new. A Question and Answer session will follow each program.

3rd Annual Ovarian/Cervical & Endometrial Health
Wednesday, September 7, 2011
6:30 – 8:00 p.m.

Prostate Health Seminar
Wednesday, September 14, 2011
6:30 – 8:00 p.m.

12th Annual Breast Health Seminar
Saturday, October 15, 2011
8:30 a.m. - Noon

Lung/Thoracic Health
Thursday, November 3, 2011
6:30 – 8:00 p.m.

Free parking. Refreshments served.
**To register: www.sibley.org/community
202-537-4700**

Breast Health Screening for Women
A Sibley physician will provide a breast health exam and instructions on breast care.
Friday, September 30, 2011, 1:00 - 3:00 p.m.

Appointments required.
**To register: www.sibley.org/community
202-364-7602**

Jaqueline Talcott, an active 88-year-old who lives alone, left Sibley three days after lung cancer surgery and drove herself to the hairdresser the second week home. Ms. Talcott remarked, “Dr. Kiev is exceptional. He called after the surgery and even came to my home one evening.”

Arlene Mersky, a tennis player and residential real estate agent, had a minimally invasive lobectomy (removal of part of the lung) and went home the day after her surgery.

Cathy Whitt, a young interior designer, returned home just 48 hours after her lung cancer was removed.

 **Contact the STOP line at 1-855-277-7224 or visit www.sibley.org/STOP.**

Whitt shares her story.

Whitt needed surgery and was referred to Dr. Jonathan Kiev, thoracic surgeon. Whitt remembers, “I wasn’t sure if I should seek treatment outside the area, but after meeting Dr. Kiev, I knew he was going to be the one to do my surgery. I had minimally invasive surgery, and the following day Dr. Kiev walked me down the hall himself. I had the surgery on Wednesday and went to my husband’s holiday party Monday night.”

INTRODUCING SERENITY, AN ENTIRELY NEW KIND OF GIFT SHOP.

**Unique items with
a special focus
on new moms and
women with cancer**



*Lynn Boynton,
Serenity's manager,
assists a customer.*

When Sibley's Serenity shop opens later this summer, it won't fit the traditional hospital gift store mold. Along with gifts for every occasion, from baby showers to birthdays, Serenity will specialize in products and services for women who are having babies or undergoing cancer treatment.

Linda Rogowsky, R.N., who led the shop's development, notes: "It's difficult to anticipate something like a cancer diagnosis or all that a new baby entails. We use our experience with patients, physicians, nurses and rehabilitation experts to comb the marketplace for items that will truly be helpful. We look for the best quality, comfort and reliability.

Making shopping easy during stressful times

Many specialty items for oncology and maternity patients are hard to find or are only available online. "We'll bring them together in one convenient place," Rogowsky says, "and make it a warm, friendly, comfortable experience for women who feel stressed, time deprived and not up to shopping." Private consultation and fitting rooms and a "respite" area with sofas and chairs extend the mood.

Education, demonstration, consultation

"We'll have consultants to provide customized fittings of wigs and lymphedema sleeves and demonstrations to help new moms find things such as the best baby wrap for their body type," Rogowsky explains. Motivational books, CDs and educational resources will also be available.

"We're a resource for hard-to-find but much-needed items to help women heal, feel comfortable and return to wellness."

—Linda Rogowsky, R.N., and Serenity gift shop coordinator

Special oncology and maternity products

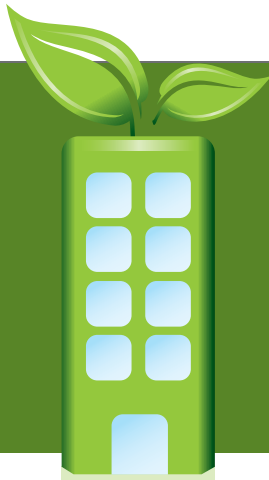
New moms and baby gift-givers will find breast pumps, maternity bras, healthy snacks and baby-care items. Cancer patients will see decorative lymphedema sleeves; breast prosthetics; mastectomy bras and bathing suits; soft, comfortable bras for women undergoing radiation; scarves and other headwear; clothing providing UV protection; even a cookbook with recipes created to appeal to patients dealing with a persistent metallic taste from chemotherapy.

OPENING THIS SUMMER

**Just off the lobby in the Sibley Medical Building.
Mondays through Fridays, 9 to 5.**



**For information, call 202-660-6474
or visit sibley.org/serenity.**



HEALTH CARE *meets* EARTH CARE.

**Sibley initiatives promote environmental,
fiscal and social responsibility.**

“We’ve made ‘going green’ part of our culture. As a hospital, we’re a caring community by nature, so there’s already a desire to participate in things that are good for the world. Being more environmentally and fiscally responsible benefits the planet, the bottom line and future generations. We didn’t wait for legislative mandates; we stepped up early because it’s the right thing to do.”

*—Robert Jewell, Sibley director of
Environmental Services & Green Team chair*

Sibley puts Reduce-Reuse-Recycle in action by:

- Choosing medical equipment that can be reprocessed
- Sorting and recycling six different types of materials to dramatically cut waste sent to landfills
- Selecting items that are recyclable, made with greener materials and less packaging
- Purchasing items requiring less energy to transport
- Reducing car use with bike stands, pre-paid Metro fare cards and helping to organize carpools
- Installing sensors to turn off lights in empty rooms
- Using sleep modes and power strips to turn off electronics
- Changing light bulbs to be more energy efficient



New Radiation Oncology Center: Green from the ground up.

Environmentally friendly features can be found top to bottom in this new center, which houses advanced technology for targeting and treating many types of cancer with the latest breakthroughs in radiation. A roof planted with vegetation will lower roof temperature by as much as 30 degrees, reducing energy use and costs. It also acts as a huge sponge, absorbing 70 percent of rain and snow to cut demand on the city’s stormwater infrastructure. Inside, design takes advantage of solar energy by using more natural light and less artificial light. Sensors turn off lights and water, hot air dispensers replace paper towels wherever possible and water is saved by having no on-site irrigation. Building materials contain recycled content, are manufactured within 500 miles and have low amounts of harmful chemicals that can be released into the atmosphere.

What is a LEED-certified Center?

Our new Radiation Oncology Building is a LEED project. The LEED (Leadership in Energy and Environmental Design) rating system grades projects on site and material selection, water and energy use, indoor air quality and other design features that help make a building more sustainable. Receiving LEED Certification is like a green stamp of approval.



Carbon footprint estimator for Sibley Hospital

21,616 pounds of CO₂ emissions prevented

36,430 pounds of plastic kept out of landfills

2,814 pounds of cardboard kept out of landfills

CO₂ emissions prevented equal to not burning this many gallons of gasoline **1,113**

CO₂ emissions prevented equal to not using this many tanks of propane gas for barbeques **409**

COMMUNITY HEALTH EDUCATION CALENDAR 2011

Advance registration is required for all programs, classes and screenings. Scheduling is limited for most offerings. Call the phone number listed or go to www.sibley.org/community for complete listings and registration information.

Community Health Seminars

Demystifying Sensory Loss: Research Update

Sunday, September 18, 2:00 – 4:00 p.m.,
Conference Center,
Sibley Medical Building

This free program is presented in partnership with the Prevention of Blindness Society of Metropolitan Washington. Call 202-234-1010. Research suggests that memory and cognition can suffer when vision and hearing fade. Take this unique educational opportunity to learn current thinking about sensory loss that can assist you or someone you love.

The keynote speaker, Robert Massof, Ph.D., professor of neuroscience and ophthalmology at the Johns Hopkins School of Medicine, is joined by Wai Wong, M.D., Ph.D., a research scientist from the National Eye Institute/NIH, and other internationally recognized experts in related fields.

Heart Rhythms

Tuesday, September 20, 10:30 – 11:30 a.m.,
Room 1, Renaissance Building

A free program sponsored by Sibley's Defibrillator Support Group.
Call 202-364-7602 to register.

Irregular heart beats can be harmless or a cause for concern. Brian Lewis, M.D., and Helen Barold, M.D., cardiologists who specialize in cardiac electro-physiology, will talk about your heart and its rhythms and help you to understand your heart by answering such questions as: What is a normal heart rhythm? What are "heart flutters"? When do I need help? What can I do to maximize my heart health?

Nutrition and Weight Management

New Nutrition Guidelines – Free

Thursday, September 15, 1:30 – 2:30 p.m.,
Room 1, Renaissance Building

Call 202-364-7602 to register.

The Center for Nutrition Policy and Promotion, U.S. Department of Agriculture (www.cnpp.usda.gov), has issued nutrition guidelines for 2011. Jodie Hofacre, Sibley's outpatient dietitian, will help you to apply the guidelines to your life and eating choices. Bring your questions.

Weight-Loss Surgery Information Program

Call 202-370-6565 for more information or register online for an upcoming seminar.

Free seminars are offered on a regular basis. Meet weight-loss surgery specialists, find out how weight-loss surgery works and learn which options are available to you. Former patients often attend these meetings to share their experiences.

Outpatient Diabetes Education Program

Call 202-537-4145 or go to www.sibley.org/community for more information.

Physician referral required.

The Diabetes Self-Management Education Program at Sibley is recognized by the American Diabetes Association (ADA).

Exercise and Diabetes Management

Thursday, July 28, 2:00 – 3:00 p.m., Room 1,
Renaissance Building

Space is limited. Call 202-364-7602 to register. Sponsored by the Diabetes Support Group and the Sibley Senior Association.

Exercise helps you to maintain your health and control your glucose levels. Come to a free exercise demonstration with instructor Tonya Walton. The exercises are designed to be performed while seated. Dress comfortably.

Exercise and Fitness

The following classes are sponsored by the Sibley Senior Association. Register online at www.sibley.org/community or call 202-364-7602 for details.

Feldenkrais Awareness through Movement®

Beginning and intermediate Tai Chi Chung

Qigong

Body Awakening

Strength and balance

Exercise for Seniors

For programs and classes sponsored by the Sibley Center for Rehabilitative Services, call 202-537-4574 for schedule of classes and fees.

Aquatic Exercise Programs (in a warm-water therapeutic pool)

Gym Exercise Programs

The Walking Club

Tuesdays and Thursdays, 8:30 and 9:30 a.m. at Mazza Gallerie, Concourse Level, Wisconsin & Western Avenues, NW. Ongoing and free. Walk in a temperature-controlled environment, make new friends and get free parking, too!

Health and Wellness

Call 202-364-7602 or go to www.sibley.org/community for more information about the following free programs. Registration required.

Heel Pain: Plantar Fasciitis

Friday, July 22, 1:00 – 2:00 p.m., Room 1, Renaissance Building

Learn about the causes, treatment options and prevention with Dr. Harold Glickman, chief of podiatry at Sibley.

Ask the Pharmacist: Arthritis Medications

Wednesday, September 21, 11:30 a.m. – 12:30 p.m., Private Dining Room 1, Main Hospital Building

Presented by the Arthritis Support Group

A Sibley pharmacist will talk about what's new in medications for people with arthritis. Learn about both prescription and over-the-counter drugs. Bring your questions.

Save Your Back

Thursday, September 29, 10:30 – 11:30 a.m., Room 1, Renaissance Building

Chris Marrow, a Sibley physical therapist, will teach you how to "Save Your Back." Learn about the physiology of your back and how to maximize your back's health.

Childbirth and Parenting Classes

For information on times, dates, locations and fees, go online to www.sibley.org/community. Registration required for all classes. Go to "How to Register" under Childbirth and Parenthood Education, or call 202-537-4076.

Childbirth Education Spa Weekend

NEW: Join us for a weekend of luxury, pampering and childbirth education.

Baby-care Skills

Baby and Me

A free, informal sharing session for new parents and their babies.

Breast-feeding: The Next Time Around

A refresher breast-feeding class. Comfort Breathing and Relaxation for Labor and Birth

One-Night Refresher Course

A three-hour class for families who have experienced labor, birth and parenting and who meet other prerequisites

Preparing for Cesarean birth.

Preparing to Breast-feed

Preparing for Labor and Birth

One-Day Intensive or Evening Series

Preparing for Natural Labor and Birth Series

Sibling Tour

For children ages 2 – 7. Two adults per family.

Virtual Maternity Tour

At www.sibley.org/community.

Free Health Screenings

A screening is a short assessment to let you know if further evaluation is recommended. It is not a substitute for a comprehensive evaluation. Appointments are required. Call 202-364-7602.

Hearing Screening

An abbreviated hearing test to determine if you have a problem. Not for people who already have hearing aids.

Thursdays: July 14 & 28, September 8 & 22, 1:00 – 3:00 p.m.

Fall Risk Assessment

A physical therapist will evaluate your gait and balance to assess your risk for falls. **Friday, September 23, 1:00 – 3:00 p.m.**

Support Groups

All about Arthritis

Meets quarterly, 11:00 a.m. – 12:30 p.m., Room 2, Renaissance Building. Call 202-364-7602.

Alzheimer's Support

Meets first Wednesday of the month, 7:30 – 9:00 p.m., Hayes Hall, Conference Room 1. Call 202-364-7602. No meeting in August.

Bereavement Support for Widowed Persons

Widowed Persons Outreach—Helping and Healing, offers support groups for people who have been widowed for two years or less. Meets on the 2nd & 4th Wednesday of each month in the Sibley Renaissance Building. Call 202-537-4942.

Defibrillator Support

For people with an ICD (implantable cardioverter defibrillator). Meets quarterly. Next meeting Wednesday, July 13, 4:30 – 6:00 p.m., Room 2, Renaissance Building. Call 202-364-7602.

Diabetes Support

Meets quarterly. Next meeting Thursday, July 28, 2:00 – 3:00 p.m., Room 2, Renaissance Building. Call 202-537-4145 or e-mail diabetes@sibley.org.

Lyme Disease Support

Meets the first Sunday of each month, Private Dining Room 1, 2:00 – 4:00 p.m. Contact National Capital Lyme Disease Association, at 703-821-8833 or visit www.enatcaplyme.org.

Macular Degeneration Programs

For those with vision loss due to eye disorders affecting central vision.

Call The Prevention of Blindness Society for dates, times and registration: 202-234-1010.

Parkinson's & Movement Disorders Support

Second Thursday of each month, 3:00 – 4:15 p.m., Grand Oaks Assisted Living, Club Room. Next meetings: July 14, August 11 and September 8.

Cancer Support Groups

Short-Term Counseling

Call for an appointment, 202-243-2274.

Look Good...Feel Better

Call 202-537-4277 for dates and times.

Breast Cancer Support

For information on times and dates, call 202-243-2320.





SIBLEY MEMORIAL HOSPITAL

JOHNS HOPKINS MEDICINE

Sibley Memorial Hospital
5255 Loughboro Road, NW
Washington, DC 20016
www.sibley.org

Telephone Numbers (202)

Admissions	537-4190
Breast Center	537-4545
Emergency Department	537-4080
Foundation	537-4257
General Information	537-4000
Patient Information	537-4195
Senior Association	364-7602
Physician Referral	537-4638



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SIBLEY MEMORIAL HOSPITAL FOUNDATION

This is an exciting time of growth and change for Sibley. From the ongoing construction that is revamping and modernizing the hospital's campus to the forward-thinking affiliation with Johns Hopkins, Sibley is committed to meeting the health care needs of patients now and on into the future. While there will be many changes in the coming months and years, what will not change



Anthony S. Unger, M.D., medical director for Sibley's Institute for Bone and Joint Health, keynote speaker at the Lucy Webb Hayes Founders Circle brunch

is the special culture that makes Sibley the kind of hospital it is, valued by generations of patients and their loved ones.

At this year's spring brunch to honor members of the Lucy Webb Hayes Founders Circle, many of the guests shared their "Sibley stories" and spoke about the special place Sibley has been for them. Members of the Founders

Circle are instrumental in securing Sibley's future for all of us through their foresight in including Sibley in their bequest plans. In a recent conversation with Helen Shannon, who has made a generous provision for Sibley, she talked about her trust and confidence in Sibley and the lasting relationships she has formed with physicians and staff. "Sibley has evolved so much since I started coming here," she said. "It has become a great hospital."



Helen Shannon, a proud member of the Lucy Webb Hayes Founders Circle

Mrs. Shannon has our assurance, as do all donors, that charitable gifts made to Sibley will, by law, remain in our community and be used only for the benefit of Sibley's programs, services and facilities.

Please contact Sibley Memorial Hospital Foundation at 202.537.4257 or dhooper@sibley.org to learn more about planned giving and to request a copy of A 2011 Philanthropist's Guide to Federal Taxes, valuable information on how to maximize financial and charitable planning opportunities. The Foundation staff stands ready to collaborate with you and your advisors to find the best arrangement for your personal and charitable plans.